

PSHE/RSE Intent at The Acorn Federation

During their learning journey at The Acorn Federation, Personal Social Health Education (PSHE) including Relationships Sex Education (RSE) is at the heart of our school values and ethos and runs throughout all that we do.

Our PSHE/ RSE curriculum aims to enable our children to become healthy, safe, independent, responsible members of society who demonstrate respect and tolerance and who are prepared to face and manage the challenges and opportunities of an ever-changing modern Britain.

We provide opportunities for our pupils to learn about rights and responsibilities and appreciate what it means to be a valuable member of an ever-changing diverse society. We will help them to understand and consider many of the moral, social and cultural issues that are part of growing up in Modern Britain and to deepen our pupils understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance.

We teach our pupils age-appropriate understanding of healthy relationships through appropriate relationship and sex education.

Implementation of the Curriculum

- The Acorn Federation follows PSHE matters on a two-year rolling scheme.
- PSHE Matters strives to: -
 - ❖ Promote best Personal Social and Health Education practice.
 - ❖ Present a spiral curriculum which is easy to understand and accessible to all.
 - ❖ Increase teacher confidence, particularly around teaching sensitive issues.
 - ❖ Improve pupils' emotional literacy.
 - ❖ Help pupils to stay safe and healthy.
 - ❖ Help prepare pupils for life and work by developing 'Skills for Life'.
 - ❖ Provide an integrated framework for delivery of Relationships Sex and Health Education.

The spiral approach covers 12 main areas: -

Being Healthy

Exploring Emotions

Being Responsible

Drug Education

Changes

Money Matters

Relationships

Difference and Diversity

Bullying Matters

Growing up

Being Me

Being Safe

Impact

The impact for the pupils is that they become well rounded members of society in an ever-changing modern Britain. They have the tools they need to succeed, keep themselves safe, make informed decisions and thrive.