

Dear Parents,

It has been lovely to welcome the children back to school this week. It has been super to hear from them about their Christmas holidays and to watch them settle back into the routine of school, I think we will all sleep well this weekend!

Staffing Update

Due to personal circumstances, Miss Hill will be leaving the federation at the end of January. While considering how to cover this change we have thought about how we can limit the disruption this will cause to the children. With this in mind, we have made the following changes to our staffing arrangements from Monday 31st January.

- Mrs Bosley will be teaching Long Lane's Meadow Class on a Monday, Tuesday and alternate Wednesdays.
- Mrs McManus will teach Marston's Meadow Class on a Friday.
- Mrs Bosley will be at Marston on a Thursday, Friday and alternate Wednesdays.

These changes will be in place until Mrs Booth returns from maternity leave on 1st July.

LLPS collection

We can now stop having a staggered collection time. This means that, from Monday 17th January, all children can be collected at 3:30pm, thank you.

Coronavirus Information

Changes to the self-isolation period for those who test positive for COVID-19

From Monday 17 January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be <u>reported to NHS Test and Trace</u>.

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.



Confirmed Case

We have a confirmed case of Coronavirus at Long Lane. Members of our school community, particularly those in the Garden Class, may have come into close contact with the person. The guidance for close contacts can be found by following this link - <u>Guidance for contacts of people</u> with confirmed coronavirus (COVID-19) infection who do not live with the person - GOV.UK (www.gov.uk)

An extract from this guidance can be found at the end of the letter.

Dates for January

11/02/22 - 9:15am to 11:15am - Marston Tots - To be confirmed 11/02/22 - 1:30pm to 3:30pm - Little Monkeys - To be confirmed 24/01/22 - 9am to 12:45pm - World Book Day - look out for more information 25/02/22 - Federation Joint Day at Marston - look out for more information 28/02/22 to 04/03/22 - School Closed for half term 07/03/22 - School Reopens

Next Week at Long Lane

Monday 17th January Mrs Bosley at LLPS PM – Meadow Class PE – children wear PE kit to school

Tuesday 18th January

Mrs Bosley at MMPS PM – Meadow Class Music with Wider Opportunities

Wednesday 19th January

Mrs Bosley at LLPS PM – Garden Class Forest School, please send Forest School kit to school

Thursday 20th January

Mrs Bosley at MMPS

Friday 21st January

Mrs Bosley at home PM – PE for both classes, all children wear PE kit to school

Have a lovely weekend

Teresa Bosley Headteacher



5. What to do if you are a contact of someone who has tested positive for COVID-19

If you are informed by NHS Test and Trace that you are a contact of someone who has had a positive LFD or PCR test result for COVID-19, you are legally required to stay at home and self-isolate unless you meet one of the following conditions:

- you are fully vaccinated. Fully vaccinated means you have had 2 doses of an <u>approved</u> <u>vaccine</u> such as Pfizer BioNTech, AstraZeneca or Spikevax (formerly Moderna); you are also fully vaccinated if you have had one dose of the single-dose Janssen vaccine
- you are aged under 18 years old
- you have taken part in or are currently part of an approved COVID-19 vaccine trial
- you are not able to get vaccinated for medical reasons

If you are not legally required to self-isolate, follow the guidance below for <u>contacts who are not</u> required to self-isolate.

You may also be informed by the NHS Test and Trace app that you are a contact of someone who has had a positive LFD or PCR test result for COVID-19. In this case you should follow the advice provided within the app.

7. Contacts who are not legally required to self- isolate

If you have been in contact with someone who has tested positive for COVID-19, you are not legally required to self-isolate if you are fully vaccinated or you are below the age of 18 years. You are also not legally required to self-isolate if you have taken part in or are currently part of an approved COVID-19 vaccine trial or you are not able to get vaccinated for medical reasons.

COVID-19 vaccines reduce the risk of you becoming severely ill if you catch COVID-19. If you are vaccinated against COVID-19 you may still catch it and pass it on to others, even if you do not have any symptoms.

If you have had contact with someone who has COVID-19 you are at higher risk of becoming infected yourself. If you are not legally required to self-isolate, you are strongly advised to take daily LFD tests for 7 days.

LFD tests are very good at identifying people who have high levels of coronavirus and are most likely to pass on infection to others, even if you do not have symptoms. You are therefore strongly advised to take daily LFD tests during the period you are at highest risk of becoming infected yourself.

If you are aged 5 years and over and have been identified as a contact of someone with COVID-19, but are not legally required to self-isolate, you are strongly advised to:

- take an LFD test every day for 7 days, or until 10 days since your last contact with the person who tested positive for COVID-19 if this is earlier
- take this daily test before you leave the household for the first time that day



If you have been informed by NHS Test and Trace that you are a contact of someone who has tested positive for COVID-19 but they have not been able to tell you the date you had contact with this person, you should take an LFD test every day for 7 days.

If you take an LFD test and the result is positive, you should immediately self-isolate to prevent you from passing the infection on to other people and follow the <u>Stay at home guidance</u>. You should start a new self-isolation period, starting from the date the positive test was taken.

If your LFD test result is negative, it is likely that you were not infectious at the time when the test was taken. To further reduce the chance of passing COVID-19 on to others, you are strongly advised to:

- limit close contact with people outside your household, especially in crowded, enclosed or poorly ventilated spaces
- work from home if you are able to
- wear a face covering in crowded, enclosed or poorly ventilated spaces and where you are in close contact with other people
- limit contact with anyone who is at higher risk of severe illness if infected with COVID-19
- follow the guidance on how to stay safe and help prevent the spread

Follow this advice for the 10 days after your most recent contact with the person who has tested positive for COVID-19.

If you are a health or social care worker who has been identified as a close contact and are exempt from self-isolation, there is <u>additional guidance available</u> that you should follow to reduce the risk of spread of COVID-19 in these settings.

Children and young people aged under 18 years who usually attend an education or childcare setting and who have been identified as a close contact should continue to attend the setting as normal.

Regular LFD tests are not recommended for children aged under 5. If they live with someone who has COVID-19 they are not legally required to self-isolate, but you should limit their contact with anyone who is at higher risk of severe illness if infected with COVID-19. If you develop any of the main <u>symptoms</u> of COVID-19 at any time, even if these are mild, self-isolate immediately, <u>arrange to have a COVID-19 PCR test</u> and follow the <u>guidance for people</u> with COVID-19 symptoms.