

# Knowledge Organiser - Me and My Relationships Term 1 2026 GC

## Sticky Knowledge – What I already know

- I know about similarities and differences
- I know what special means
- I know about different feelings and who I can talk to about my feelings
- I know there are different feelings and people express these differently
- I know what a positive classroom looks and feels like

## Key Knowledge - What I will know at the end of the unit

- I know who my special people are
- I know who can help me if I'm feeling unsafe or unhappy
- I know there are different feelings and these can affect how I behave
- I know that attentive listening is important
- I know the difference between bullying and unkind behaviour
- I know some strategies for dealing with bullying

## Key Themes

Classroom rules. Getting help., Feelings, Feelings/ self-regulation, Being a good friend, Bullying and teasing, Our school rules about bullying



**The Acorn Partnership**

Marston Montgomery Primary School  
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| Word                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Definition |
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| <ul style="list-style-type: none"> <li>• <b>Family</b> - people who love and care for you.</li> <li>• <b>Help</b> - to do something to make things easier for someone.</li> <li>• <b>Special people</b> - people who are important to you.</li> <li>• <b>Same</b> - alike or matching.</li> <li>• <b>Different</b> - not the same.</li> <li>• <b>Friends</b> - people you like and enjoy being with.</li> <li>• <b>Feelings</b> - how you feel inside, like happy, sad or cross.</li> <li>• <b>Behaviour</b> - the way we act.</li> <li>• <b>Listening</b> - paying attention to what someone is saying.</li> <li>• <b>Bullying</b> - when someone is unkind to another person <b>again and again</b>.</li> <li>• <b>Repeated</b> - something that happens again and again.</li> <li>• <b>“Don't do that”</b> - words we can use to tell someone to stop doing something we do not like.</li> </ul> |            |