

PSHE Progression of Subject Specific Vocabulary

Being Healthy

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Subject Specific Vocabulary			
Hydration, hygiene, sleep, clean, healthy, washing, teeth	Healthy, lifestyle, like, dislike, consequences, goals, hygiene, prevent, spread, germs	Physical, mental, emotional, health, balanced, lifecycle, informed, choice, influence, goal	Physical, mental, health, balanced, lifestyle, informed, choice, goal, habit

Relationships

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Subject Specific Vocabulary			
Friends, family, kind, unkind, happy, give, wish, relationship, turn taking, feelings	Kind, unkind, fair, unfair, right, wrong, friend, relationship, friendly, kindness	Relationship, healthy, positive, unhealthy, support, personal, boundaries, respectfully, secret, confidence, compromise, privacy	Relationship, unhealthy, acquaintances, friends, families, relatives, marriage, civil partnership, confidentiality, conception

Exploring Emotions

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Subject Specific Vocabulary			
Emotions, rules, behaviour, fair, worry, truth, brave, anger, jealousy	Feelings, emotions, communication, behaviour, happy, scared, angry, lonely, excited, frustrated	Emotions, actions, strategies, dispute, feelings, intensity, conflict	Feelings, strategies, resolve, disputes, emotional, intensity, conflicting, emotions

PSHE Progression of Subject Specific Vocabulary

Difference and Diversity

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
different, unique, special, proud, diverse, opinion, respect, same, similar, equal	Different, unique, special, proud, diverse, opinion, respect, same, similar	Respectfully, differences, similarities, equal, discrimination, consequences, stereotypes, challenging, preconceptions, diversity,	Discrimination, consequences, stereotypes, challenge, sex,gender identity, sexual orientation, transitioning, gender dysphoria, lesbian, gay, heterosexual, trans/ transgender

Being Responsible

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Manners, kindness. respect, rules, right, wrong, fair unfair	Different, consequence, fair, unfair, right, wrong, share, choice, responsibilities, reduce, reuse, recycle	Topical, human rights, responsibilities, duties, community, respect, debate, decisions	Debate, topical issues, human rights, British law, cultural practices, responsibilities, point of view, community, law, democracy

Bullying Matters

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Right, wrong, bullying, fair, unfair,	Different, similar, bullying, opposites, included, excluded, kind, unkind, bully, victim, accident, purpose	Consequences, difference, similarities, bullying, cyber bullying, trolling, prejudice, aggressive, behaviour, discrimination	Strategies, differences, similarities, factors, consequences, discrimination, prejudice, trolling, abuse, aggressive

PSHE Progression of Subject Specific Vocabulary

Drug Education

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Rule, right, wrong, medicine, sleep, worried	Physical, mental, emotional, health, drugs, medicines, harmful, safe, responsible, products	Medicine, consequence, harmful, safe, informed, choice, risk, predict, assess	Habit, drug, risk, effect, influence, pressure, emergency

Growing Up

	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Independent, resilient, perseverance, confident, likes, dislikes, babies, toddlers, teenagers, grown ups	Different, unique, similar, privacy, consent, physical contact, respect, safe, help	Media, reality, changes, feelings, hygiene, protect, period, personal space, lifecycle, stereotypes	Hygiene, pressure, influences, changes, puberty, reproduction, relationship, emotional changes, physical changes

Changes

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Change, grow, life cycle, plant, animal, different, similar, season, world, weather	Change, loss, feelings, growing, old, young, help, emotions	Feelings, emotions, intensity, change, conflicting	Intensity, feelings, emotions, change, transitions, loss, separation, divorce, bereavement

PSHE Progression of Subject Specific Vocabulary

Being Me

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Different, unique, special, proud, diverse, same, similar, confident, persevere	Community, family, unique, different, common, similar, special, differences, similarities, groups	Responsibilities, community, identity, respect, similarities, differences	Community, responsibilities, differences, similarities, factors, react, talents, interests

Money Matters

EYFS	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Feelings, emotions, money, want, need, save, kindness, jobs, community, earn	Money, value, spend, save, share, want, need, bank, safe	Money, charity, voluntary, interest, loan, debt, tax, enterprise	Finance, critical consumer, interest, loans, debt, tax, enterprise, dares, save, borrow

Being Safe

	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Safe, help, rules, behaviour, acceptable, unacceptable, unsafe, internet, risk, danger	Hazards, danger, rules, safety, worried, responsibility, privacy, private, secret, community	Informed, choices, risk, independence, safe, help, physically, emotionally, protecting, responsible	Informed choices, risks, independence, responsibility, safe, habit, physically safe, emotionally safe, protecting, digitally responsible