



PSHE Unit Overview

Garden Class

	Year A	Year B	Year C
Me and My Relationships	All About Me (R) What Makes Me Special (R) Why we have classroom rules (Y1) Thinking about feelings (Y1) Our ideal classroom (1) (Y2) How are you feeling today? (Y2)	Me and my special people (R) Who can help me? (R) Our Feelings (Y1) How are you listening (Y1) Types of bullying (Y2) Don't do that (Y2)	My Feelings (R) My Feelings 2 (R) Good friends (Y1) Feelings and bodies (Y1) Being a good friend (Y2) Let's all be happy (Y2)
Valuing Difference	I'm special, you're special (R) Same and different (R) It's not fair (Y1) Unkind, tease or bully? (Y1) What makes us who we are? (Y2) My special people (Y2)	Same and different families (R) I am caring (R) Harold's school rules (Y1) Who are our special people? (Y1) Solve the problem (Y2) When someone is feeling left out (Y2)	Same and different homes (R) I am a friend(R) Special people balloons (Y1) Same or different (Y1) How do we make others feel (Y2) When someone is feeling left out (Y2)
Keeping Myself Safe	What's safe to go onto my body (R) Keeping myself safe: What's safe to go into my body (including medicines) (R) Sharing pictures (Y1) Super sleep (Y1) Harold's picnic (Y2) How safe would you feel? (Y2)	Safe indoors and outdoors (R) Listening to my feelings (1) (R) Who can help? (1) (R) Harold loses Geoffrey (Y1) What should Harold say? (Y2) I don't like that! (Y2)	Keeping safe online (R) People who help to keep me safe (R) What could Harold do? (Y1) Good or bad touches? (Y1) Fun or not? (Y2) Should I tell? (Y2)
Rights and Responsibilities	Looking after my special people (R) Looking after money (1): recognizing, using, spending Harold has a bad day (Y1) Around and about the school (Y1) Getting on with others (Y2) Feeling safe (Y2)	Caring for our world (R) Looking after my friends (R) Taking care of something (Y1) Harold's money (Y1) When I feel like erupting (Y2) How can we look after our environment (Y2)	Looking after money 2 (R) Being helpful at home (R) Basic first aid (y1) How should we look after our money? (Y1) Harold saves for something special (Y2) Playing games (Y2)
Being My Best	Bouncing back when things go wrong (R) Healthy Eating (R) I can eat a rainbow (Y1) Harold learns to ride his bike (Y1) You can do it! (Y2) Harold's postcard – helping us to keep clean and healthy (Y2)	Yes I can (R) My healthy mind (R) Harold's wash and brush up (Y1) Pass on the praise (Y1) Harold's bathroom (Y2) My day (Y2)	Move your body (R) A good night's sleep (R) Eat well (Y1) Catch it! Bin it! Kill it! (Y1) Basic first aid (Y2) What does my body do? (Y2)



PSHE Unit Overview

Meadow Class

	Year A	Year B	Year C	Year D
Me and My Relationship	Dan's dare (Y3) Looking after our special people (Y3) Ok or not Ok (Part 1) (Y4) Ok or not Ok (part 2) (Y4) Collaboration challenge! (Y5) Let's negotiate (Y6)	Thunks (Y3) Human machines (Y4) Different feelings (Y4) How good a friend are you? (Y5) Behave yourself (Y6) Give and take (Y5)	Friends are special (Y3) Being assertive (Y5) Our emotional needs (Y5) Don't force me (Y6) Acting appropriately (Y6) As a rule (Yr 3)	An email from Harold (Y4) Working together (Y6) How can we solve this problem (Y3) Relationship cake recipe (Y5) Under pressure (Y4) Solve the friendship(Y6)
Valuing Difference	Our friends and neighbours (Y3) Can you sort it? (Y4) Qualities of Friendship (Y5) Kind conversations (Y5) OK to be different (Y6) We have more in common than not (Y6)	Let's celebrate our differences (Y3) Friend or acquaintance (Y4) Happy Being me (Y5) The land of the red people (Y5) Respecting differences (Y6) Tolerance and respect for others (Y6)	Zeb (Y3) The people we share our world with (Y4) That is such a stereotype! (Y4) Is it true? (Y5) Advertising friendships (Y6) Boys will be boys? – Challenging gender stereotypes (Y6)	Islands (Y4) What would I do? (Y4) Family and Friends (Y3) My community (Y3) Respect and challenge(y3) Stop, start, stereotypes (y5)
Keeping Myself Safe	Alcohol and cigarettes: the facts (Y3) Danger, risk or hazard? (Y4) Spot bullying (Y5) Think before you click (Y6) To share or not to share? (Y6) How dare you! (Y4)	Medicines: Check the label (Y4) Ella's diary dilemma (Y5) Rat park (Y6) Safe or unsafe? (Y3) Vaping: healthy or unhealthy(Y5) Danger or risk (Y3)	Help or harm? (Y3) Keeping ourselves safe (Y4) Would you risk it? (Y5) Alcohol: What is normal? (Y6) The risk robot(Y3) Decision Dilemmas (Y5)	Picture Wise (Y4) Play, like, share (Y5) What sort of drug is...? (Y6) Drugs: It's the law! (Y6) Raisin challenge (2) (Y4) Super searcher (Y3)
Rights and Responsibilities	Harold's environment project (Y3) Who helps us stay healthy and safe? (Y4) How do we make a difference? (Y4) Fact or opinion (Y5) Two sides to every story (Y6) Fakebook friends (Y6)	It's your right (Y4) In the news! (Y4) Spending wisely (Y5) Our helpful volunteers(Y3) Happy shoppers (Y6) Can Harold afford it(Y3)	Earning money (Y3) Lend us a fiver! (Y5) Democracy in Britain 1 – Elections (Y6) Democracy in Britain 2 – How (most) laws are made (Y6) Helping each other to stay safe (Y3) Mo makes a difference (Y5)	What's the story? (Y5) Rights, responsibilities and duties (Y5) What's it worth? (Y6) Safety in numbers (Y4) Why pays taxes? (Y4) Recount Task(Y3)
Being My Best	I am fantastic! (Y3) What makes me Me! (Y4) It all adds up! (Y5) Derek cooks dinner (Y3) Our recommendations (Y6) My school community (Y4)	SCARF hotel (Y4) Different skills (Y5) My school community (2) (Y5) Basic first aid including Sepsis awareness (Y6) Poorly Harold(Y3) Making choices (formerly Ed6 learns to be human) (Y4)	Body team work (Y3) Top talents (Y3) Independence and responsibility (Y5) Star qualities? (Y5) This will be your life (Y6) Basic First (y4)	Harold's Seven R's (Y4) What's the risk? 1 (Y6) What's the risk? 2 (Y6) My school community 2 (Y5) Basic first aid, including Sepsis awareness(Y5) For and against? (Y3)



PSHE Unit Overview

The Growing and changing unit will be taught in discrete units

Garden Class

	EYFS	Year 1	Year 2
Growing and Changing	Seasons Life Stages -plants, animals, humans Life Stages -Human Life stage -who will I be? Where do babies come from? Getting bigger Me and my body – girls and boys	Healthy me Then and now Taking care of a baby Who can help? Surprises and secrets Keeping privates private	A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Some secrets should never be kept

Meadow Class

	Year 3	Year 4	Year 5	Year 6
Growing and Changing	My changing body (Y3) Basic first aid (Y3) Relationship tree (Y3) Secret or surprise? (Y3) Body Space (Y3) None of your business (Y3)	My feelings are all over the place! (Y4) Moving house (Y4) Preparing for changes at puberty (Y4) Secret or Surprise? (Y4) All Change! (Y4) Together (Y4)	Help! I'm a teenager, get me out of here! (Y5) Dear Ash (Y5) How are they feeling? (Y5) Changing bodies and feelings (Y5) Growing up and changing bodies (Y5) Taking notice of our feelings (Y5)	Is this normal? (Y6) Helpful or unhelpful? Managing change (Y6) I look great! (Y6) Media manipulation (Y6) Pressure online (Y6) Making Babies (y6)