



PE - Dance - Autumn 1 Term 2025

Year 2

New Knowledge:

- I know how to change the speed and size of my movements
- I know how to dance in different formations
- I know how to dance in response to stimuli
- I know how to move to a rhythm and what it is
- I know how to create movements to create a story

Sticky Learning

- I know how to copy movements
- I know how to dance with a group
- I know how to move in response to a stimuli
- I know how to move to a rhythm
- I know how to perform movements to show a story



Move to rhythm

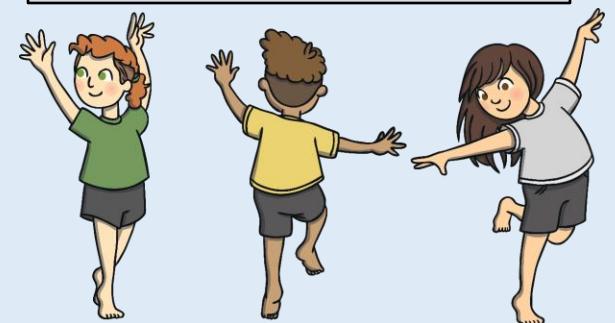


Dance in formations

Dance in response to stimuli



Changing speed and size



Create moves for a story



Key Vocabulary

Dance	Moving your body to music in a fun way.
Copy	Doing the same thing you see someone else doing.
Combine	Putting two or more things together to make something new.
Sequence	Doing things in a special order, one after the other.
Actions	Movements you do with your body, like jumping or clapping.
Level and Height	How high or low your body is when you move. For example, standing up tall or crouching down low.
Repeat	Doing the same thing again.
Stimuli	Things that make you want to move or do something, like a song or a picture.
Rhythm	A pattern of sounds that you can move or dance to, like the beat of a drum.



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Year 1

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- I know how to perform movements to show a story

Sticky Learning



Move to rhythm

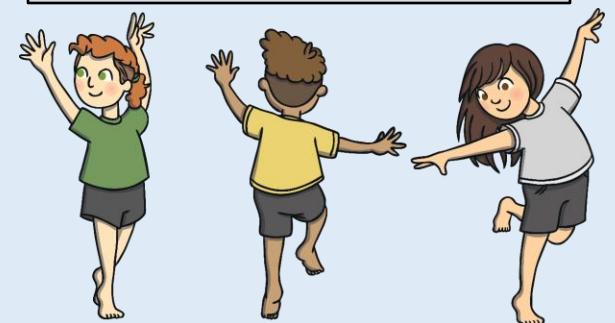


Dance in formations

Dance in response to stimuli



Changing speed and size



Create moves for a story