

PE - Invasion Skills - Autumn 1 Term 2024

Year 2

New Knowledge:

- I know how to travel with a ball with control
- I know how to attack and defend
- I know how to use a variety of passes
- I know how to kick a ball at varying lengths and distances
- I know how to dribble a ball around an area
- I know how to mark a player

Sticky Learning

- I know how to travel with a ball
- I know how to change direction
- I know how to pass a ball
- I know how to kick a ball at a target
- I know how to control a ball to stop
- I know how to attack and defend



Dodging & Marking

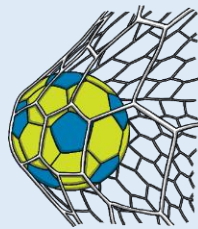


Changing Direction

Moving with a ball



Control, Stop, Dribble



Aiming for a target



Passing a ball



Attacking & Defending

Key Vocabulary

Travel	When you go from one place to another, like going to the park or school.
Move	To go from one spot to another, like walking, running, or jumping.
Toe-Tap	Gently touching something with your toe, like tapping a ball with your foot.
Direction	The way you are going, like left, right, forward, or backward.
Dodging	Quickly moving out of the way so something doesn't touch you.
Marking	In a game, staying close to another player so you can stop them from getting the ball.
Catching	Using your hands to grab and hold onto something, like a ball.
Throwing	Using your hands to send something, like a ball, into the air.
Overarm	Throwing something with your arm going over your shoulder.
Underarm	Throwing something with your arm going under your waist.
Bounce pass	When you throw a ball and it hits the ground before it gets to another person.
Target	Something you are trying to hit or get to, like aiming at a spot.
Shoot	Kicking, throwing, or pushing something toward a goal or target.
Distance	How far something is, like how far away a ball or a person is from you.
Opposition	The team or people you are playing against in a game.
Attacking	Trying to score points or get the ball when playing a game.
Dribbling	Bouncing or tapping a ball while moving, like in basketball or soccer.
Skills	Things you practice and get better at, like kicking a ball or running fast.
Defending	Trying to stop the other team from scoring or getting the ball.
Protecting	Keeping something safe, like keeping the ball away from the other team.

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Year 1

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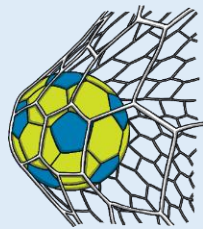
Sticky Learning



Dodging & Marking



Control, Stop, Dribble



Aiming for a target

Changing Direction



Passing a ball

Moving with a ball



Attacking & Defending