

PSHE Unit Overview

	Year A	Year B	Year C
Me and My Relationships	All About Me (R) What Makes Me Special (R) Why we have classroom rules (Y1) Thinking about feelings (Y1) Our ideal classroom (1) (Y2) How are you feeling today? (Y2)	Me and my special people (R) Who can help me? (R) Our Feelings (Y1) Our Special People balloons (Y1) Bullying or teasing? (Y2) Don't do that (Y2)	My Feelings (R) Good friends (Y1) How are you listening? (Y1) Types of bullying (Y2) Being a good friend (Y2) Let's all be happy (Y2)
Valuing Difference	I'm special, you're special (R) Same and different (R) Same OR different? (Y1) Unkind, tease or bully? (Y1) What makes us who we are? (Y2) How do we make others feel? (Y2)	Same and different families (R) Same and different homes (R) Harold's school rules (Y1) Who are our special people? (Y1) My Special People (Y2) When someone is feeling left out (Y2)	Kind and caring (1) (R) Kind and caring (2) (R) It's not fair! (Y1) An act of kindness (Y2) Solve the problem (Y2) Respect and challenge (Y3)
Keeping Myself Safe	What's safe to go onto my body (R) Keeping myself safe: What's safe to go into my body (including medicines) (R) Healthy me (Y1) Super sleep (Y1) Harold's picnic (Y2) How safe would you feel? (Y2)	Safe indoors and outdoors (R) Listening to my feelings (1) (R) Who can help? (1) (R) Harold loses Geoffrey (Y1) What should Harold say? (Y2) I don't like that! (Y2)	Keeping safe online (R) People who help to keep me safe (R) What could Harold do? (Y1) Good or bad touches? (Y1) Fun or not? (Y2) Should I tell? (Y2)
Rights and Responsibilities	Looking after my special people (R) Looking after money (1): recognizing, using, spending Being helpful at home and caring for our classroom (R) Harold's wash & brush up (Y1) Around and about the school (Y1) Getting on with others (Y2)	Caring for our world (R) Looking after my friends (R) Taking care of something (Y1) Harold's money (Y1) When I feel like erupting (Y2) How can we look after our environment (Y2)	Looking after money (2): Saving money and keeping it safe (R) How should we look after our money? (Y1) Harold saves for something special (Y2) Harold goes camping (Y2)
Being My Best	Bouncing back when things go wrong (R) Yes I can (R) I can eat a rainbow (Y1) Eat well (Y1) You can do it! (Y2) Harold's postcard – helping us to keep clean and healthy (Y2)	Healthy eating (R) Healthy eating (2) (R) Harold has a bad day (Y1) Pass on the praise (Y1) Harold's bathroom (Y2) My day (Y2)	Move your body (R) A good night's sleep (R) Harold learns to ride his bike (Y1) Catch it! Bin it! Kill it! (Y1) My body needs... (Y2) What does my body do? (Y2)
Growing and Changing	Seasons (R) Life stages – plants, animals, humans (R) Inside my wonderful body (Y1) Taking care of a baby (Y1) A helping hand (Y2) Respecting privacy (Y2)	Life stages – Human life stage. Who will I be? (R) Where do babies come from? (R) Then and now (Y1) Who can help? (2) (Y1) Sam moves away (Y2) Basic first aid	Getting bigger (R) Me and my body – Girls and Boys (R) Surprises and secrets (Y1) Keeping privates private (Y1) Haven't you grown! (Y2) My body, your body (Y2)

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