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|   | **Year 1**  | **Year 2**  |
| Autumn 1  | Being Healthy  | Drug Education  |
| Autumn 2  | Relationships  | Growing Up  |
| Spring 3  | Exploring Emotions  | Changes  |
| Spring 4  | Difference and Diversity  | Being Me  |
| Summer 5  | Being Responsible  | Money Matters  |
| Summer 6  | Bullying Matters  | Being Safe  |

PSHE in the Garden Class is run on a two year rolling scheme. This ensures that children have covered all of the topics ready for Key Stage 2.

PSHE in the Meadow Class is ran on a two year rolling scheme. This ensures that children have covered all of the topics in lower Key Stage 2 and Upper Key Stage 2 ensuring they are ready to progress to Secondary school.

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| **Term** | **Year A**  | **Year B**  | **Year C**  | **Year D** |
| **Autumn 1** | Being Safe | Bullying Matters | Being Safe | Bullying Matters |
| **Autumn 2** | Being Healthy | Exploring Emotions | Being Healthy | Exploring Emotions |
| **Spring 3** | Difference and Diversity | Being Responsible | Difference and Diversity | Being Responsible |
| **Spring 4** | Drug Education | Money Matters | Drug Education | Money Matters |
| **Summer 5** | Being Me | Changes | Being Me | Changes |
| **Summer 6** | Relationships | Growing Up | Relationships | Growing Up |

**Being Healthy**

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| **EYFS** |  **Year 1 and Year 2** |  **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| **Subject Specific Vocabulary** |
| Hydration, hygiene, sleep, clean, healthy, washing, teeth | Healthy, lifestyle, like, dislike, consequences, goals, hygiene, prevent, spread, germs | Physical, mental, emotional, health, balanced, lifecycle, informed, choice, influence,goal | Physical, mental, health, balanced, lifestyle, informed, choice, goal, habit |

**Relationships**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| **Subject Specific Vocabulary** |
| Friends, family, kind, unkind, happy, give, wish, relationship, turn taking, feelings | Kind, unkind, fair, unfair, right, wrong, friend, relationship, friendly, kindness | Relationship, healthy, positive, unhealthy, support, personal, boundaries, respectfully, secret, confidence, compromise, privacy | Relationship, unhealthy, acquaintances, friends, families, relatives, marriage, civil partnership, confidentiality, conception |

**Exploring Emotions**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| **Subject Specific Vocabulary** |
| Emotions, rules, behaviour, fair, worry, truth, brave, anger, jealousy | Feelings, emotions, communication, behaviour, happy, scared, angry, lonely, excited, frustrated | Emotions, actions, strategies, dispute, feelings, intensity, conflict | Feelings, strategies, resolve, disputes, emotional, intensity, conflicting, emotions |

**Difference and Diversity**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| different, unique, special, proud, diverse, opinion, respect, same, similar, equal | Different, unique, special, proud, diverse, opinion, respect, same, similar | Respectfully, differences, similarities, equal, discrimination, consequences, stereotypes, challenging, preconceptions, diversity,  | Discrimination, consequences, stereotypes, challenge, sex,gender identity, sexual orientation, transitioning, gender dysphoria, lesbian, gay, hetrosexual, trans/ transgender |

**Being Responsible**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Manners, kindness. respect,rules, right, wrong, fair unfair | Different, consequence, fair, unfair, right, wrong, share, choice, responsibilities, reduce, reuse, recycle | Topical, human rights, responsibilities, duties, community, respect, debate, decisions | Debate, topical issues, human rights, British law, cultural practices, responsibilities, point of view, community, law, democracy |

**Bullying Matters**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Right, wrong, bullying, fair, unfair,  | Different, similar, bullying, opposites, included, excluded, kind, unkind, bully, victim, accident, purpose | Consequences, difference, similarities, bullying, cyber bullying, trolling, prejudice, aggressive, behaviour, discrimination | Strategies, differences, similarities, factors, consequences, discrimination, prejudice, trolling, abuse,aggressive |

**Drug Education**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Rule, right, wrong, medicine,sleep, worried | Physical, mental, emotional, health, drugs, medicines, harmful, safe, responsible, products | Medicine, consequence, harmful, safe, informed, choice, risk, predict, assess | Habit, drug, risk, effect, influence, pressure, emergency |

**Growing Up**

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|  | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Independent, resilient, perseverance, confident, likes, dislikes, babies, toddlers, teenagers, grown ups | Different, unique, similar, privacy, consent, physical contact, respect, safe, help | Media, reality, changes, feelings, hygiene, protect, period, personal space, lifecycle, stereotypes | Hygiene, pressure, influences, changes, puberty, reproduction, relationship, emotional changes, physical changes |

**Changes**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Change, grow, life cycle, plant, animal, different, similar, season, world, weather | Change, loss, feelings, growing, old, young, help, emotions | Feelings, emotions, intensity, change, conflicting | Intensity, feelings, emotions, change, transitions, loss, separation, divorce, bereavement |

**Being Me**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Different, unique, special, proud, diverse, same, similar, confident, persevere | Community, family, unique, different, common, similar, special, differences, similarities, groups | Responsibilities, community, identity, respect, similarities, differences | Community, responsibilities, differences, similarities, factors, react, talents, interests |

**Money Matters**

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| **EYFS** | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Feelings, emotions, money, want, need, save, kindness, jobs, community, earn | Money, value, spend, save, share, want, need, bank, safe | Money, charity, voluntary, interest, loan, debt, tax, enterprise | Finance, critical consumer, interest, loans, debt, tax, enterprise, dares, save, borrow |

**Being Safe**

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|  | **Year 1 and Year 2** | **Year 3 and Year 4**  | **Year 5 and Year 6**  |
| Safe, help, rules, behaviour, acceptable, unacceptable, unsafe, internet, risk, danger | Hazards, danger, rules, safety, worried, responsibility, privacy, private, secret, community | Informed, choices, risk, independence, safe, help, physically, emotionally, protecting, responsible | Informed choices, risks, independence, responsibility, safe, habit, physically safe, emotionally safe, protecting, digitally responsible |