



The Acorn Partnership  
Marston Montgomery Primary School  
Long Lane C of E Primary School

# PE - Fielding a Striking- Spring 1 Term 2025 Year 1

## New Knowledge:

- I know how to throw a ball.
- I know how to play a game by throwing a ball.
- I know how to strike a ball with a tennis racket.
- I know how to change power when throwing.
- I know how to throw and catch a ball with a partner.
- I know how to use fielding skills to play a game

## Sticky Learning

- I know how to travel with a ball
- I know how to change direction
- I know how to pass a ball.
- I know how to kick a ball at a target.
- I know how to control a ball to stop.
- I know how to attack and defend.



# PE - Fielding a Striking- Spring 1 Term 2025 Year 2

## New Knowledge:

- I know how to throw a ball at a target.
- I know how to play a game by throwing a ball and attack and defend.
- I know how to strike a ball with a tennis racket using the correct technique.
- I know how to investigate ways to change throwing technique.
- I know how to throw and catch a ball with a partner with control.
- I know how to use fielding and striking skills to play a game.

## Sticky Learning

- I know how to travel with a ball with control
- I know how to attack and defend.
- I know how to use a variety of passes.
- I know how to kick a ball at varying lengths and distances
- I know how to dribble a ball around an area.
- I know how to mark a player



## Key Vocabulary

<b>Underarm:</b>	Throwing or hitting something with your hand or arm moving from below.
<b>Roll:</b>	Moving something, like a ball, by turning it on the ground.
<b>Bounce:</b>	When something, like a ball, hits the ground and comes back up.
<b>Chest Pass:</b>	Passing a ball to someone by pushing it forward from your chest.
<b>Fielding:</b>	Catching or stopping a ball when playing a game like cricket or baseball.
<b>Striking:</b>	Hitting a ball with something, like a bat or stick.
<b>Hit:</b>	To touch something quickly and hard, like a ball with your hand or a bat.
<b>Throw:</b>	Using your hand to send something, like a ball, through the air.
<b>Catch:</b>	Using your hands to stop and hold something, like a ball.
<b>Sideways:</b>	Moving to the left or right instead of forward or backward.
<b>Forehand:</b>	Hitting a ball with the front of your hand or racket.
<b>Investigate:</b>	Looking closely at something to find out more about it.
<b>Techniques:</b>	The right way to do something or a special way of doing it.