

Physical Education Intent at The Acorn Federation

We aim for the children to have a high-quality physical education curriculum which inspires all pupils to succeed in competitive sport or physically demanding activities. We provide opportunities to support pupil's health and fitness. We help to embed values such as fairness and respect.

We do this by ensuring the national curriculum intents are covered: -

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy and active lives.

Implementation of the Curriculum

The PE curriculum is broken down into six key areas:

- Movement (Gymnastics)
- Dance
- Core Athletics Skills
- Sending, Receiving, Throwing and Catching
- Striking and Fielding
- OAA (Outdoor Adventurous Activities)

Skills are built upon from previous years learning in the same topics, these are assessed by I can statements.

In Key Stage 2 children visit the local swimming pool where they learn to:

- Swim competently, confidently and proficiently over a distance of at least 25 meters.
- Use a range of strokes effectively.
- More able swimmers will also perform safe, self-rescue in water-based situations.

Across the federation there are house sports days. Pupils also have the opportunity to take part in inter school competitions at the local secondary schools in a variety of sports.

Impact on Learning

From our lessons and interschool competitions, pupils learn to take responsibility for their own health and fitness. They pupils will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE. This in turn will hopefully motivate children to lead more active lifestyles and join out of school clubs.